Scrambled Eggs

*This simple recipe yields one egg.*

**Ingredients:**

- 2 Tbsp Scrambled egg powder
- 3 Tbsp Warm water
- Dehydrated bell peppers
- Dehydrated onions
- Powdered or freeze dried cheese (optional)
- Salt and pepper (to taste)
- Garlic salt (to taste)
- Canned ham (optional)
- Ketchup or salsa (optional)
- Oil

**Directions:**

1. Mix the amount of desired eggs
2. Pour into pan with a small amount of oil
3. Cook over medium heat
4. Hydrate desired amounts of remaining ingredients in warm water for about 5 minutes
5. Top with ketchup or salsa