

# Chili Beans

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FIELD & FORK

CAMPUS FOOD PROGRAM  
UNIVERSITY OF FLORIDA

## Ingredients:

1 can	Chili beans
1 can	Kidney beans
1 can	Pinto beans
1 can	Diced tomatoes
1 can	Corn (drained)
1 Tbsp	Chili powder
1 tsp	Garlic powder
½ tsp	Onion powder
	Cooked rice
	Powdered sour cream, rehydrated

## Directions:

1. Combine all ingredients and simmer 20 minutes
2. Serve over rice and top with sour cream

