

# Mac 'n cheese

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FIELD & FORK

CAMPUS FOOD PROGRAM  
UNIVERSITY OF FLORIDA

## Ingredients:

1 lb	Macaroni noodles
¼ cup	Butter
¼ cup	Flour
1 cup	Milk (or 1 cup water + 3 Tbsp powdered milk)
1 tsp	Seasoned salt
	Cheese cubes (optional)
	Ham cubes (optional)

## Directions:

1. Cook noodles according to package directions
2. Drain and set aside
3. Melt butter in large saucepan
4. Whisk in the flour until smooth
5. Slowly stir in milk until well mixed in
6. Add seasoned salt
7. Let cook until thickened
8. Add in noodles
9. Add milk if too thick
10. Add cheese and milk right before serving

