

# Mom's Favorite Chili

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FIELD & FORK

CAMPUS FOOD PROGRAM  
UNIVERSITY OF FLORIDA

## Ingredients:

- 2 cans (10 oz) Pre-made canned chili
- 2 cans (14 oz) Diced or stewed tomatoes
- 2 cans (14 oz) Red kidney beans, drained
- Chili powder to taste

## Directions:

1. Empty cans into a pot on the stove over medium to high heat
2. Stir in a little bit of chili powder to taste
3. Cook at least until heated through, stirring occasionally
4. The longer the chili cooks, the better it tastes.

